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MEDICAL CLEARANCE REQUEST

Thank you for your understanding and patience, as we provide to you the best quality of care. If you are attempting to obtain a medical clearance from our office, the process to obtain one is listed below.

1st Appointment:

(Needs to be scheduled 30-60 days prior to surgery)

- Discuss surgery
- Perform Minor Physical
- Obtain EKG
 - o If abnormal refer to a Cardiologist.
 - Clearance from the Cardiologist needs to be obtained before the next follow-up visit.
- Order Imaging (Chest X-Ray)
- Order blood work labs.
 - o CBC
 - CMP
 - o HCG (if female)
 - o HIV
 - o PTT
 - o PT/INR
 - o Urinalysis
 - Urine Culture

2nd Appointment:

(Within 30 days prior to surgery)

- Review Imaging Results.
- Review blood work lab results.
- EKG
 - If abnormal cardiologist clearance is needed.
- Determination of patients risk
 - Low Cardiac Risk
 - o Moderate Cardiac Risk
 - High Cardiac Risk
- Finalize notes with risk adjustment

Medical Clearance will only be signed off; after the two step appointments are completed, and all information has been reviewed in person with your Primary Care Physician.

No Exceptions are ALLOWED

If you have any additional questions / concerns, please feel free to contact our office. Thank you!



MEDICAL CLEARANCE FORM

Date:					Surgery:				
Patient Name:					Surgeon:				
Date of Birth:					Surgery Date:				
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3						4			
					Physic	al Examination			
Blood Pressure:			Hea	art Rate: _		Temperature:	O2	2%	
			Normal		Abnormal	Comm	ent if Abnormal		
General						<u> </u>	one in Albinoimai		
Heart			П		П				
Vascula	r		П		П				
Lungs			П		П				
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Extremit			П		П				
LAUGIIII	ues								
					Laboratory a	and Imaging Research	sults ent)		
(Please	check all t	hat is com	pleted)				·		
□СВС	□СМР	□HCG	□HIV	□PTT	□PT/INR	□Urinalysis	☐Urine Culture	□EKG □XR, CHEST	
				Cardiolog	jist Clearance	(If applicable, s	ee attachment)		
Under t	he care of	Dr Phillin	ns Medic	al Wellnes	s Center aft	er close obsen	vation and review th	ne patient listed above is:	
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□ Clear							Risk of Surgery:		
		Cardiac Ri				Low			
□ Moderate Cardiac Risk □ High Cardiac Risk						□Moderate			
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□ Not C	leared - E	xplanatio	n:						
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Provide	Provider / MD Signature						Date / Office Stamp		